

ENCHANTMENT ENCUMBERED

THE STUDY AND PRACTICE OF WICCA IN RESTRICTED ENVIRONMENTS

Though it's useful to many others, including chaplains and administrators, this book was written especially for inmates, with the restrictions they face in mind. Because most inmates have limited income, it's important to know more about a book than publicity blurbs say ... so here's a quick summary of what's in the 339 pages of *Enchantment*.

PART ONE: An Introduction to the Craft

A Note About Wicca's History
Traditional and Eclectic Wicca
Covens and Solitary Wiccans

ETHICS

The Wiccan Rede
The Three-fold Law
Ethics in Action
Etiquette

BELIEFS

The Goddess and the God
 The Charge of the Goddess
 The Charge of the God
 Finding "Your" Goddess and God
The Elements
Karma
Reincarnation

A WITCH'S ALTAR AND TOOLS

Altars
 Goddess and God on the Altar
 The Directions on the Altar
What's "Essential"?
Tools: Rites and Responsibilities
Consecration
Glossary of Tools

HOLY DAYS

The Wheel of the Year
Meeting Times, Meeting Places

MYTHOLOGY

Creation Myths
New Myths

Myths at the Heart of Wicca

Glossary of (Some Irish) Celtic Gods
Ancient Celtic Cycles
Arthurian Legends
Robin Hood

What Myths Really Mean

WICCA HERE AND NOW

A Wiccan World-view

Sexuality
Sin and Evil
Diet
The Environment

PART TWO: Circles Behind Bars

BASIC SKILLS

Grounding and Centering
 The Tree of Life
 Shielding
 The Ball of Light
 The Aura Condom

Visualization

Elemental Meditations

Release of Anger and Stress

CASTING A CIRCLE

The Order of Circle

Grounding and Centering
Preparing the Ritual Space
Blessing the Salt
Blessing the Water
Mixing Salt and Water
Consecration
Drawing the Circle
Cleansing/Charging the Circle
Calling the Quarters
Self-blessing
Invoking the God
Celebration or Work (Magic)
Cakes and Ale
Offering and Libation
Thanking the Gods
Dismissing the Quarters
Undrawing the Circle

ESBATS, SABBATS, AND PASSAGES

Moon Ritual
Sabbat Rituals
 Samhain
 Yule
 Bride
 Ostara
 Beltane
 Litha
 Lammas/Lughnassadh
 Mabon
 Chants

Passage Rites

Handfasting
Initiation
 Initiation Restricted
Dedication
 Self-Dedication
Naming Rite
Milestone Recognition
Requiems
 Rite for a Loved One
 Rite for a Victim

MAGIC

Magical Physics
What Do You Need to Get Started?
 Book of Shadows
Simple Workings
 Protection
 Healing
 Personal Growth
Divination
Practical Spells
 Healing
 Success
 Reconciliation
 Letting Go
Place Blessings
Attitude Adjustment
Correspondences

Enchantment Encumbered is available online from CreateSpace.com and from Amazon, from Ashleen and Carol at some TAWN festivals and other book events, and by mail order from Mother Earth Ministries (Post Office Box 35906, Tucson, AZ, 85740-5906). The \$20 cost includes postage, and we will take first-class stamps in payment.

PART THREE: Wicca in the World

Answering Other People's Questions

What to Expect

Ritual Preparation

Ritual Garb

Jewelry

Covens

Socializing

Gatherings

The Lingo

Glossary of Some Wiccan Terms

Time Line

Modern Wiccan Writers

Our British Roots

America's First/Most Famous

Other Americans

Dianic Wicca

"Golden Age" Goddess Worship

Other Pagan Religions

Druidry

Ásatrú

Witchcraft or Witchcrap?

Some Recommended Books

Community Resources

Pagan Churches/Religious

Organizations

Catalogues and Magazines

Becoming Wiccan

The Future of Wicca

Appendix I: Reconciling with the Moon

Appendix II: Magical Alphabets

Appendix III: Yule Carols

About MEM

About the Authors

A Final Caveat



About MEM and the authors of *Enchantment*

Mother Earth Ministries was founded in the Summer of 2000 by Lady Carol Garr, a Third Degree Wiccan priestess who's been active in the Tucson Pagan community for over 25 years. She called together a number of other priestesses and priests who had been working with inmates on their own, suggesting that they pool their resources. Mother Earth Ministries is affiliated with the internationally respected Aquarian Tabernacle Church.

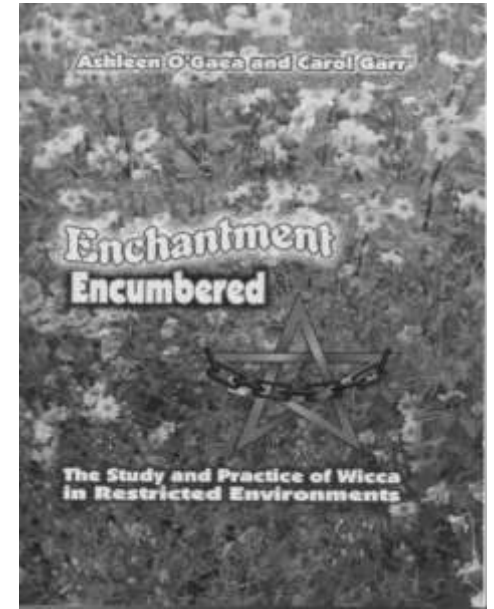
Though some of our original volunteers have moved on to do other work, MEM is still going strong and reaching more than 100 inmates every month through in-person rituals and by mail.

Lady Garr and Lady Ashleen O'Gaea, another Third Degree priestess with long involvement in the Tucson Pagan community, write *Enchantment* together. O'Gaea is the author of several books, but this is her first one – **the** first one – to look at practicing Wicca under restrictions.

Lady Garr leads ritual and offers religious counsel to inmates in the Tucson units of the Arizona state prison (and sometimes visits local federal prisons as well). She is currently the president-elect of the Arizona Department of Corrections' Religious Advisory Committee, and was the first Pagan to serve on that body.

Lady O'Gaea is a co-founder of the Tucson Area Wiccan-Pagan Network, and has led workshops about Wicca for a wide range of groups, including national and international Pagan gatherings. She is the author of several fiction and non-fiction books about Wicca, including the ground-breaking *Family Wicca*.

In person and by mail, MEM offers a number of brochures and flyers about Wicca, Ásatrú, Druidry, and some related topics.



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le Bit About
Enchantment Encumbered:
The Study and Practice of Wicca
in Restricted Environments

a book by MEM priestesses
Carol Garr and Ashleen O'Gaea



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